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AUTHOR	Teten, Carol
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ABSTRACT

This 45-minute VHS videotape is the fourth in a series of "How To Dance Through Time" videos. It shows how to dance the most influential social dances of the French Baroque Court. The ceremonious Minuet is the most famous of the 18th century dance invention. The Allemande is the pivotal bridge linking to the 19th century. The Contredance has endured the centuries before and after the Baroque era. Professional dancers demonstrate the dances with detailed step analysis. These dances are performed with the authentic music and fashions of the Baroque era. To provide an authentic, historical backdrop, each dance is introduced with historical information accompanied by original illustrations. This videotape is also available in DVD format. (SM)

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